

Birth Anniversary Kano Jigoro Shihan

Parent-and-child Judo Lesson

1. Date: : Saturday, October 29th, 2016 (16:00-18:00)
2. Site : Kodokan Main Dojo
3. Instructor : Kodokan Instructors
4. Requirement : Parents, brothers or sisters of trainees who usually practice at Kodokan
5. Application : Please apply for it at 4F by October 25th
6. Participation Fee : Free
7. Prize for participation : Special plastic folder

Schedule of Birth Anniversary Kano Jigoro Shihan

Events		26-Oct	27-Oct	28-Oct	29-Oct
		Wed	Thu	Fri	Sat
①	Uki-goshi/Harai-goshi/Tsurikomi-goshi Training Day Let's practice Kano Shihan's favorite techniques!	17:30-18:00 @ Main Dojo			
②	Dr. SAWA'S Math Fun Gym (MFG) (for children)			16:30-17:30 @ Main Dojo	
③	Yawara-chan Exercise for Seniors				13:30-14:30 @ Women's Dojo (5F)
④	Parent-and-child Judo Lesson				16:00-18:00 @ Main Dojo
⑤	Trying Calligraphy (Kano Shihan's words)		15:00-17:00 @ Teaching Room (2F)		14:00-17:30 @ Teaching Room (2F)
⑥	Video "From Jutsu to Do"	 10:00-17:00 1F Main Building			
⑦	Kano Shihan's Real Voice (Taped lecture)	 10:00-17:00 Judo Museum (2F New Building)			
⑧	Kano Shihan Special Exhibition	 10:00-17:00 Judo Museum (2F New Building)			
⑨	Watching Judo Practice	 16:30- Boys and Girls; 17:30- Adults @ Spectator Seating (8F)			
⑩	Offering Special Plastic Folders for Free	 10:00-17:00 @ Judo Museum (2F New Building) first 100 people each day			

Application for Parent-and-child Judo Lesson

親子柔道教室 参加希望

Application Deadline: October 25th (@ 4F Dojo reception, or email: intl@kodokan.org)

*Circle the appropriate one

Student of: Boys and Girls class / Futsu-ka / Tokushu-ka / Women's class / Randori

Judo experience: Yes / No

Number of participants:

Child () Name _____

Adult () Name _____