Mid-Summer Training 2022

1. Period: 10 days from July 14 (Thu) to 23 (Sat), 2022
2. Venue: Kodokan
3. Opening ceremony: 6 pm on July 14
4. Closing ceremony: 6 pm on July 23
5. Hours of training:

<table>
<thead>
<tr>
<th>Boys and Girls Division</th>
<th>Class hours (weekday)</th>
<th>Class hours (Saturday)</th>
<th>Class hours (Sunday &amp; holiday)</th>
</tr>
</thead>
<tbody>
<tr>
<td>① 4:30 pm ~ 6 pm</td>
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<tr>
<td>② 6 pm ~ 7:30 pm</td>
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Men’s Division
6 pm ~ 7:30 pm
5:30 pm ~ 7 pm

Women’s Division
6 pm ~ 7:30 pm
6 pm ~ 7:30 pm

General practice
6 pm ~ 8:00 pm
6 pm ~ 7:30 pm

* Training stage and/or hours may be changed depending on the situation. Please follow instructors' direction.

6. Eligibility:

① Kodokan membership (If you are not a member yet, registration is required.)
② No high fever over 37°C, cough, phlegm, nor respiratory diseases.
③ Not falling under any items in the Health Checkup Card, which is given on the 4th floor for you to fill in.

* At the reception counter on the 4th floor, you are required to take your body temperature and submit the Health Checkup Card.

7. Those who wish to receive “Perfect Attendance Certificate”:

(1) Sign up at the reception counter or by email (shido@kodokan.org) not later than July 1 (Fri).
(2) Respond to the roll call held at the following times:
   Monday-Saturday: 6pm or 7:30 pm
   Sunday & holiday: 5 pm or 6 pm
(3) Participate for 9 days or more.

8. Special training fee:

If you do not practice in Kodokan on a regular basis and participate only in mid-summer training, 3,300 yen is charged for the training fee.