

Health Checkup Card ()

Tel:

Name	
Birth date	(Month) (Date) (Year) Age:
Address	〒
Phone	
Emergency contact	Person Relationship Phone
Underlying illness, any condition to be note	

- Before you leave home, please take your temperature and circle the answer that apply in the check list on the next page.
- If you are a minor, after circling in the all fields, ask your parent to place a seal or sign if he/she agrees with your participating in the class.
- If you have a fever of 37.0°C or higher or any symptom included in the check list, you are not allowed to visit Kodokan.
- If you are a small child, school or university student, any school in your area closes classes or takes particular hygiene measures, you are not allowed to visit Kodokan
- In the case that you are infected or suspected of being infected with COVID-19, please contact us right away for advice.

If you have symptoms listed below or the statement applies to you, please circle "Yes." If not, circle "No."

No.

Date	Body temperature	Cough, phlegm, sneeze, sore throat, etc.)	Tiredness	Trouble breathing	Vomiting and/or diarrhea	Someone living with me or my close friend is suspected of COVID-19 infection	(For minors) Approval by parent or guardian (seal or signature)	Names of your training partners	Office use only
/	°C	Yes / No	Yes / No	Yes / No	Yes / No	Yes / No			
/	°C	Yes / No	Yes / No	Yes / No	Yes / No	Yes / No			
/	°C	Yes / No	Yes / No	Yes / No	Yes / No	Yes / No			
/	°C	Yes / No	Yes / No	Yes / No	Yes / No	Yes / No			
/	°C	Yes / No	Yes / No	Yes / No	Yes / No	Yes / No			
/	°C	Yes / No	Yes / No	Yes / No	Yes / No	Yes / No			
/	°C	Yes / No	Yes / No	Yes / No	Yes / No	Yes / No			
/	°C	Yes / No	Yes / No	Yes / No	Yes / No	Yes / No			
/	°C	Yes / No	Yes / No	Yes / No	Yes / No	Yes / No			
/	°C	Yes / No	Yes / No	Yes / No	Yes / No	Yes / No			
/	°C	Yes / No	Yes / No	Yes / No	Yes / No	Yes / No			
/	°C	Yes / No	Yes / No	Yes / No	Yes / No	Yes / No			